

JIC Patient Information Leaflet

What is a Just-in-Case Pack?

This pack of medication allows treatment to begin without delay if sudden pain or other symptoms occur. The medication in this Just-in-Case pack is supplied in case it is needed and gives patients and their families peace of mind that they have a supply ready if required.

The contents of the pack may **ONLY** be administered by a Trained Nurse or Doctor who will decide if and when they are needed.

What is in your 'Just-in-Case Pack'?

The pack contains boxes of medicines to help with different symptoms. They will only be given by a healthcare professional when needed. You are being asked to keep them safe and available should they be required. The pack must be returned to a community pharmacy if any medicines go out of date before they've been used. Speak to your medical practice/specialist nurse to replace any medicines before the expiry date.

The medicines in your pack are:

- Morphine or Oxycodone Injection to relieve pain.
- Midazolam Injection to relieve restlessness.
- Hyoscine Injection to help reduce excess saliva in the mouth and throat.
- Levomepromazine Injection to relieve sickness and feeling sick.
- Sodium Chloride 0.9% BP to mix with other medicines when a larger volume is needed to give the dose over 24hrs in a syringe driver

How to look after your Just-in-Case Pack

The pack must be stored at room temperature, preferably out of direct sunlight. It must be kept in a safe place, out of the sight and reach of children and vulnerable adults.

What to do when medicines are no longer needed

Any unused or unwanted medicines must be returned to a community pharmacy for safe disposal.

Your healthcare professional may be able to support with this. Please note that each community pharmacy may have different rules for returns and might not be able to take back needles or sharps.

Questions:

If you have any questions about your pack you can contact your Community Pharmacy, Community Nurse, Hospice Community Nurse Specialist or GP who will be able to help you.

For help outside of normal hours, call NHS 111.