

Severn Hospice Day Services

Registered Charity 512394



**Severn
Hospice**

here and at home

Our care goes beyond our wards and includes services you can use without staying at the hospice.

Our approach to care is to help people live as well as possible within the limitations of their illness, so we offer a wide range of services which provide emotional, physical and spiritual support enabling you to maintain your independence for as long as possible.

Our team is made up of qualified nursing staff, complementary and creative therapists, doctors, health care assistants, occupational therapists, physiotherapists, social workers, chaplains and volunteers.

Our day services – all free – are available at Shrewsbury and Telford.

How we can help you

Once you have been referred to the hospice by the healthcare professional involved with your care, we will contact you.

So we understand your needs, we will talk to you about them and how we can work together to best help address them.

We have a number of different specialist services on different days, giving you flexibility and choice.

We will provide your care in a professional, friendly, relaxed environment.

Our day services are provided as part of your overall care, and will complement your continued care at home.

Living Well with Severn Hospice

All our day services work together to promote and maintain your overall well-being, so you are able to live as well as you can within the constraints of your illness.

Our nurse-led clinics will give us the time to get to know you and to assess which hospice services are best for you, devising a care plan that's personal to you.

We can refer you to our team of complementary therapists, occupational therapists and physiotherapists, helping you manage everything from fatigue and anxiety to breathlessness, sleep and mindfulness.

We can also offer you psychological support with our art, creative, music and garden therapy sessions, provide practical social support and signpost you to other suitable specialist services with our informal coffee mornings.

Whatever your needs, we will give you the best help we can.

**If you want to know anything more about
Day Services before you come to us,
please ring 01743 261509**

About Severn Hospice

Each year, more than 2,500 people living with the most heartbreaking news anyone can hear come to us for care.

Our specialist teams provide more than just expert clinical care for anyone living with an incurable illness in Shropshire, Telford & Wrekin and Mid Wales. Whether being cared for at home or in one of our wards, they also support a patient's physical, social, spiritual and psychological needs.

All this compassionate care and emotional support is provided totally free of charge, but it is not without cost.

Severn Hospice is a completely independent charity and has to raise £2 for every £3 it spends.

We are part of the healthcare network but we are not part of the NHS. All our services are funded through a combination of kind donations from local people, fundraising activities, our weekly lottery and community shops, gifts in people's wills and grants from the NHS.

Anyone can support us and everyone who does is appreciated by the families we care for today and in the future. Ask your nurse for more ways you can help Severn Hospice. It is because you care that we can.

severnospice.org.uk



Shrewsbury

Bicton Heath SY3 8HS
01743 236565



Telford

Apley Castle TF1 6RH
01952 221350



Newtown

Back Lane, Powys SY16 2NH
01686 623558