

## A Guide to your Just In Case Pack

### **What is a Just in Case Pack?**

This is a bag of medication provided to be kept at home “Just in Case” it is needed one day. The medication contained in this bag may be difficult to obtain out of hours and at weekends, so by providing it in advance, patients may have peace of mind that they have a supply should it be required. The contents of the bag can **ONLY** be administered by a Trained Nurse or Doctor.

### **What is in your ‘Just in Case Pack’?**

The Just in Case Bag contains several small boxes of injections and information on how to treat various different symptoms. There are also two administration forms, which contain the directions needed for the nurse or doctor giving the medication. Medication from this bag must not be given until the administration forms have been completed and signed by a GP or Specialist Nurse Prescriber.

The bag should be returned to the Pharmacy, which supplied it, if any items have expired before the bag has been used. A new prescription will be needed from your GP to replace the expired items.

### **The medicines in your pack are:**

Diamorphine or Morphine Injection to relieve pain.

Midazolam Injection to relieve restlessness.

Hyoscine Injection to help with excessive moisture in the throat and mouth

Levomopromazine Injection to relieve sickness and nausea.

Water to dissolve the injections, which are in powder form

### **How to look after your Just in Case Pack**

The contents of your Just in Case pack should not be given to anybody else, as they have been prescribed for you. They do **not** need to be stored in a refrigerator but should be stored in a safe place at room temperature. The bag should be kept out of the reach of children. Any unused items, which are no longer required, should be sent back to the pharmacy which supplied your bag, so they can be disposed of safely.

### **Questions**

If you have any questions about your Just in Case pack you can contact your Community Pharmacy, Community Nurse, Hospice Community Nurse Specialist or GP who will be able to assist you.

For information Out of Hours please contact NHS 111.