

## 7 DAY PRN PRESCRIBING - SYMPTOM SUPPORT MEDICINES PALLIATIVE CARE & COVID-19

DRUG & INDICATION	DOSE & FREQUENCY	TOTAL QUANTITY/PATIENT	HOW LONG DOES THE PRESCRIPTION APPLY FOR
Oramorph 10mg/5ml liquid FOR BREATHLESSNESS	2mg-5mg (1ml-2.5ml) to be given 4-6 hourly when needed	100ml	Up to 7 days only
Lorazepam 1mg tabs 1 <sup>st</sup> line FOR AGITATION/ANXIETY	0.5mg between the lip & gum not more frequently than 4 hourly when required	28	Up to 7 days only
Levomepromazine 25mg tablets Or if prescriber prefers Haloperidol (see NICE guidance)  2 <sup>nd</sup> line FOR AGITATION/ANXIETY	12.5mg-25mg every 12 hours if needed	7	Up to 7 days only
Paracetamol  FOR TEMPERATURE	500mg-1G up to 4 times a day	56	
Simple linctus or if ineffective Codeine linctus 15mg (5ml) FOR COUGH	15mg (5ml) up to 4 times a day	200ml	

See also the link from APM (secondary care guidance)

Community Palliative, End of Life and Bereavement Care in the COVID-19 pandemic A guide to End of Life Care symptom control when a person is dying from COVID19 care for General Practice Teams, prepared by the Royal College of General Practitioners and the Association for Palliative Medicine First Edition March 2020

[https://elearning.rcgp.org.uk/pluginfile.php/149342/mod\\_resource/content/1/COVID%20Community%20symptom%20control%20and%20end%20of%20life%20care%20for%20General%20Practice%20FINAL.PDF](https://elearning.rcgp.org.uk/pluginfile.php/149342/mod_resource/content/1/COVID%20Community%20symptom%20control%20and%20end%20of%20life%20care%20for%20General%20Practice%20FINAL.PDF)