

# Living Well with Severn Hospice

## We're changing

We are getting ready for the future of hospice care.

Our care has always lied beyond our wards and we are giving our services an increased community focus.

## What's new

- We've enhanced our Hospice at Home service so it now runs around the clock.
- Our new Outreach nursing team now provides hands-on clinical care, not just an advisory service.
- Our outpatient services have been reviewed so they are more patient-centric and holistic in their approach.

## What's next

- We've got planning permission to extend our hospice sites at both Shrewsbury and Telford.
- We'll be adding new facilities to offer enhanced services for patients: more capacity, therapy suites, treatment rooms, information resources, better visitor space.

## Living Well with Severn Hospice

- We will give patients the best help we can.
- We'll take the time to get to know them over a number of sessions and assess which services are best for them.
- Our care looks after their overall wellbeing, covering everything from managing fatigue and sleep, to mindfulness, to relaxation techniques, personal matters and coping with anxiety.
- There are also specialist services and specific clinics that will help patients, as well as more informal drop-in activity and social sessions.
- Visit [severnospice.org.uk](http://severnospice.org.uk) for more information about how Severn Hospice helps patients live as well as possible.

# Severn Hospice Day Services

## Our approach

Our care lives beyond our wards and includes services people can use without staying at the hospice.

Our approach to care is to help people live as well as possible within the limitations of their illness, so we offer a wide range of services which provide emotional, physical and spiritual support enabling them to maintain their independence for as long as possible.

Our team is made up of qualified nursing staff, complementary and creative therapists, doctors, health care assistants, occupational therapists, physiotherapists, social workers, chaplains and volunteers.

Our new-look day services – all free – are available at Shrewsbury from January and at Telford later in 2018.

## How we can help your patients

- We will contact them once they have been referred by the healthcare professional involved with their care.
- So we understand their needs, we will talk to patients about how we can work together to best help address them.
- We have a number of different specialist services on different days, giving patients flexibility and choice.
- We will provide our care in a professional, friendly, relaxed environment.
- Our day services are provided as part of a patient's overall care, complementing their continued care at home.

## What you need to do

Remember to refer to us when you think we can help your patients.

Speak to your Outreach nurse by calling:

**01743 261 530 or 01952 221 370**