

# **Community teams**

More patients than ever before are choosing to receive their care in their own home. For example, while about 20 per cent of our patients are admitted to the hospice for their care, the majority receive their care while still living at home. We have developed a range of different teams to cover the diverse needs of our patients.

Our Hospice at Home service provides care and support for patients in the last six weeks of life in their own home. This service is available across Shropshire and North Powys. Our team of Clinical Nurse Specialists work in partnership with GPs and district nursing teams in the community providing specialist advice on complex physical and psychological effects of their disease. Our occupational therapy team supports patients referred to the hospice by assessing the patient's physical abilities and their home environment, as well as advising and arranging equipment to enable them and their carers to continue care at home.

### **Emotional and spiritual support**

Living with a progressing life-limiting illness does not only affect patients physically. Our social workers, chaplains and bereavement support service provide psychological, emotional and spiritual support to patients and their families.



#### How we are funded

Severn Hospice is part of health services offered to people living in Shropshire, Telford and Wrekin and North Powys but we are not part of the NHS. We are a completely independent charity and have to raise over two-thirds of our running costs.

Our care and emotional support is totally free for both patients and their families; but not without cost.

Our services are funded through a combination of the kind donations from local people, fundraising activities, our lottery and retail departments, gifts in people's wills and grants from the NHS. For every £1 invested through NHS grants, we provide £3 worth of service to local people.

If you would like to find out more about the various ways you can get involved in our fundraising, please contact our Appeals team on 01743 354450.

When cure is no longer possible; care is...



Registered Charity No. 512394

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# Information about

# Severn Hospice





# An introduction to Severn Hospice

Severn Hospice sets out to provide specialist end of life care for those in our local area living with complex, incurable illnesses.

Since 1989, we have given free care and support to more than 21,000 patients and their loved ones during their time of greatest need. We now help more than 2,500 people from across Shropshire and Mid Wales every year.

Many people believe that hospices are only here for end of life care. Whilst Severn Hospice is here to provide care and support for patients and families at this time we also support patients much earlier in their illness. This may be through our Specialist Nurse Service, Complementary Therapy Service, Day Unit Services, Medical, Lymphoedema and Breathlessness Clinics and Hospice at Home support.

We go to great lengths to ensure our patients

can make the best of every day and, by doing so, we try to create an environment where families can make positive, lasting memories to help them through the most difficult of times.



#### About our care

We pride ourselves on providing high-quality, one-to-one care that gives comfort to hundreds of local people every year.

Our hospice cares for patients from across Shropshire and Mid Wales. Last year we provided specialist support for more than 69 different types of cancer, of which lung and breast cancer continue to be the most prevalent.

One tenth of our patients last year did not have cancer and of these patients, end-stage heart failure and chronic respiratory disease were the largest groups.

We have three hospice sites, one in Bicton Heath, Shrewsbury; one in Apley Castle, Telford; and one in Newtown, Powys.

In addition to these buildings, we have specialist caring teams who work in the community, across our catchment area. They

deliver a range of services which provide comfort and support to patients in their own homes. This side of our care has continued to grow. Where possible, patients and their families appreciate being able to fulfil their strongly held desire to choose to die at home.





## **Inpatient wards**

We have inpatient wards at our Shrewsbury and Telford sites. Patients can be referred for a variety of reasons, in fact around 40 per cent of our inpatients are discharged and continue to be cared for at home.

We work with patients to ease physical, emotional, psychological, social and spiritual issues that they may be experiencing. The hospice multi-disciplinary team includes doctors, nurses, physiotherapists, occupational therapists, complementary therapists, social workers, psychologists and chaplains. Our team is also supported by dedicated volunteers who provide support across all our services.

The inpatient units do not provide long term care. On average our patients stay with us for 2 weeks, but this can vary depending on individual needs. As a patient's symptoms stabilise and they no longer require 'Specialist Palliative Care' they will be discharged home or to an alternative suitable care setting.

### **Day Hospices**

Patients who are still living at home but need a little extra help can attend one of our Day Hospices in Newtown, Shrewsbury or Telford. Our Day Hospices are designed to help people lead as normal a life as possible whilst living

with a progressive illness. We aim to work with patients to help manage their condition and maintain their independence.